



Salisbury Spiritualist Meeting House Newsletter

Issue 2

January 2010



Programme

Our monthly programme can be purchased at the Meeting House for 20p or you can download it from our website.

Annual General Meeting

This will be held at the Meeting House on Friday 12 March 2010 at 7.00 for 7.30 p.m.

This will be followed by an evening of Mediumship.

Committee Membership 2010

A new committee will be formed at the Annual General Meeting in March.

Each fully-paid up Full Member of the Meeting House is entitled to make 1 nomination for each Committee position to be filled.

Nomination papers will be available for completion at the end of this month in the Meeting House.

Nominations will close on Friday 26 February 2010.

Annual Subscriptions

Membership subscriptions are now due. Please see a Committee member to pay your subscription [£10.00] which can be paid with cash or cheque.

Hello friends

The Committee of the SSMH would like to wish you a happy New Year. Since the last newsletter we have held several interesting events. Some of us spent a wonderful evening with Luzia who talked about the medicinal and dietary benefits of herbs and spices. We had a full house at the supper with Mediums followed by a marvellous buffet. We rounded off our events at the end of the year with yet another successful Open Day which raised funds for our Meeting House.

Our monthly coffee mornings are going from strength to strength and our singing evenings with John are truly uplifting. Spiritual healing and circles continue as usual.

The highlight for me was the end of year Service which was opened by the children and parents of the Lyceum; the children read a prayer and then Rhys, aged 9, two mums and Maggie's little helper, Marje, read a story and poems. The lights were turned off and the Lyceum members held battery-operated night lights and sang "This little light of mine, I'm gonna make it shine". Considering there was only one rehearsal, they all did wonderfully well. The Service then continued with carols and Mediumship.

When the Service was over the children, on behalf of the Committee, presented Dorothy, our organist, with a small inscribed trophy, 3 bunches of flowers and a specially-decorated cake to thank her for playing the music and helping the Meeting House in numerous ways for 28 years.

Maggie Dugdale, President

Lyceum

As you can read from Maggie's letter above, our Lyceum for children and parents is flourishing with everyone enjoying their Saturday mornings having fun as well as learning about Spiritualism. Children and parents are

very welcome to come along on the last Saturday of the month from 10.00 a.m. to 12.00 noon—children 50p and adults £1.00



We are delighted to have received items for this newsletter from our members

Truth

What is the truth?

We find the truth in many ways. To look into a baby's eyes and see the innocence of the soul. To walk in nature and see the wonders around us. We feel deep within us the truth about life but not many can grasp these feelings and bring them into conscious thought.

The truth is we are Spiritual beings with a physical body for our sojourn here upon the earth.

The truth is we have many lessons to learn in this dull and dreary place.

The truth is that LOVE is the only reality, everything else is an illusion. Giving and receiving love is our mission. To help others through the mire of thoughts and feelings which cause untold harm to body and mind.

The preoccupation of position and possession is leading to the masses cutting themselves off from the love which is freely available from Spirit and which they desperately want and need.

Spirit-inspired writing by a member of the Unfoldment Circle

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The Hiding Place

The Creator gathered all of Creation and said, "I want to hide something from the humans until they are ready for it. It is the realisation that they create their reality."

The eagle said, "Give it to me. I will take it to the moon."

The Creator said, "No. One day they will go there and find it."

The salmon said, "I will bury it on the bottom of the ocean."

The Creator said, "No. They will find it there too."

The buffalo said, "I will bury it on the Great Plains."

The Creator sighed, "They will cut into the skin of the earth and find it even there."

Grandmother mole who lives in the breast of Mother Earth and who has no physical eyes but sees with Spiritual eyes, said, "Put it inside them."

And the Creator said, "It is done."

Taken from a Sioux Indian story, one of many from Native American Indian folklore.

The Tea Lady

When I get to heaven
I know what waits for me
I'll be taken to the kitchen
And asked to make the tea.

The cups and saucers will be ready
With a queue to eternity
All waiting for their chocolate biscuits
And for me to make the tea.

"We're all dying for a cuppa,"
They tell me cheerfully.
And leave me to do the washing up
When they've drunk their tea.

But I won't really mind this,
For I'll meet so many folk,
you see
For there's just one kitchen
in heaven
And I make a lovely cup of tea.

G. Warren

Our regular monthly events

The Open Awareness Circle and Let's Sing evenings are open to all our members, friends and visitors.

Wednesday evenings of Spiritual Healing are also available to everyone.

Private Readings with visiting demonstrators or in-house Mediums can be booked at the Meeting House.

Banana and Honey Teabread—makes 12 slices

115g [4oz] unsaturated margarine
115g [4oz] set honey
115g [4oz] light soft brown sugar
225g [8oz] self-raising flour
2 eggs beaten
1/2 tsp ground nutmeg or cinnamon
2 large bananas peeled
Squeeze of lemon juice

Preheat oven to 180C, 350F, Gas mark 4.

Lightly grease and line 900g [2-lb] loaf tin. Beat together margarine, sugar and honey in a bowl until light and fluffy. Gradually add eggs, then fold in flour and nutmeg or cinnamon.

Mash banana flesh with a little lemon juice and fold into teabread mixture until well mixed.

Spoon mixture into prepared tin and level surface.

Bake for 1 and 1/4 hours until risen, golden brown and firm to touch. Cool for a few minutes in tin, turn out onto wire rack and serve warm or cold in slices.

Popular in our canteen, a recipe from the British Heart Foundation



Membership

In accordance with a new ruling by the Spiritualist National Union [SNU], all SNU churches/Meeting Houses must hold Induction Courses for Associate members wishing to become Full members.

The course gives you the opportunity to learn about Spiritualism, its roots and what our religion is all about today. We're very fortunate in being able to

hold our own Induction courses. If you wish to become an Associate member, contact us, and we will explain the procedure and make the necessary arrangements for you to take the course, should you so wish. The course is optional for Associate members but completion is a requirement for those wishing to enter into Full membership of the Meeting House.

Have you any items for the next issue—your thoughts on Spiritualism, a poem or a small writing maybe? Please note that any items submitted may be subject to editorial change.